

WIC Foods



For Fully Formula Fed Babies

Babies now get single ingredient
Infant Fruits and Vegetables
which help with growth and
development.



What Your Baby will Get with WIC

Birth through 3 Months of Age:

31 cans concentrate or 9 cans
powdered Infant Formula

4 to 5 Months of Age:

34 cans concentrate or 10 cans
powdered Infant Formula

6 through 12 Months of Age:

24 cans concentrate or 8 cans
powdered Infant Formula

Plus

32 Four ounce containers of
Infant Fruits & Vegetables

Plus

3 Eight ounce boxes Iron
Fortified Infant Cereal

These amounts are for regular Infant
Formula. The amounts may be
different for Medical Special Formulas.